

Mother Dieted Before Pregnant*

2012 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups		No		Yes	
	Population	%	CI	%	CI
Total	12,692	68.6	65.4 - 73.5	30.4	26.5 - 34.7
Age					
<20 years	799	84.2	68.8 - 92.8	0.0	0.0 - 0.0
20-24 years	2,971	74.0	65.5 - 81.1	26.0	18.9 - 34.5
25-34 years	7,233	66.9	61.1 - 72.2	33.2	27.8 - 38.9
35+ years	1,689	64.3	51.4 - 75.5	35.7	24.5 - 48.6
Mother's Race					
White	11,875	69.5	65.2 - 73.5	30.5	26.5 - 34.8
Black	414	#	# - #	#	# - #
Other	390	0.0	0.0 - 0.0	0.0	0.0 - 0.0
Hispanic Origin					
No	12,481^	69.5	65.2 - 73.4	30.5	26.6 - 34.8
Yes	202^	#	# - #	#	# - #
Education					
< High School	1,225	77.3	62.5 - 87.5	22.7	12.5 - 37.6
High School	4,005	70.8	63.2 - 77.3	29.2	22.7 - 36.8
> High School	7,396	67.5	61.8 - 72.6	32.5	27.4 - 38.2
Marital Status					
Married	7,403	70.4	64.9 - 75.4	29.6	24.6 - 35.2
Not Married	5,289	68.7	62.1 - 74.6	31.3	25.4 - 38.0
Income					
\$14,999 or less	3,749**	70.6	62.5 - 77.6	29.4	22.4 - 37.5
\$15,000-24,999	1,942**	67.0	55.7 - 76.7	33.0	23.3 - 44.3
\$25,000-49,999	2,395**	73.7	64.3 - 81.4	26.3	18.6 - 35.8
\$50,000 or more	3,583**	66.9	59.1 - 73.8	33.2	26.2 - 40.9

Enrolled in WIC							
No	6,668**	70.0	64.4	-	75.1	30.0	24.9 - 35.6
Yes	5,439**	68.7	62.1	-	74.7	31.3	25.3 - 37.9
Enrolled in MaineCare/Medicaid							
No	5,080**	67.6	61.1	-	73.4	32.4	26.6 - 38.9
Yes	7,170**	71.0	65.3	-	76.1	29.0	23.9 - 34.7
Infant's birth weight							
<2500 grams	848	75.2	70.3	-	79.5	24.8	20.5 - 29.7
2500 grams or more	11,838	69.2	64.8	-	73.4	30.8	26.6 - 35.2

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

* *Survey Question 7a: During the 12 months before you got pregnant with your new baby, did you diet to lose weight?*

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2012 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services
Data, Research, and Vital Statistics